

Medical Professional

OT
NBCOT OTR Occupational Therapist Registered Test

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Question: 1

An occupational therapist is instructing a patient on the order of sensations with the application of an ice water bath for a swollen L wrist. Which of the following is the correct order of sensations experienced with an ice water bath?

- A. cold, burning, aching, and numbness
- B. burning, aching, cold, and numbness
- C. aching, cold, burning and numbness
- D. cold, aching, burning and numbness

Answer: A

Explanation:

CBAN, cold, burn, ache, numbness

Question: 2

An occupational therapist wants to test a patient's ability to sweat. Which of the following assessment tools or techniques would be used?

- A. heated whirlpool
- B. ninhydrin test
- C. tuning fork
- D. counter hydration test

Answer: B

Explanation:

A ninhydrin test is used to check a patient's ability to sweat.

Question: 3

An occupational therapist assesses a 43 year carpenter that has recently broken 70% of the bones in his right upper extremity. The carpenter is insistent upon returning to work at the end of the week and being cleared by OT for full duties. Which of the following categories would the patient be placed in on the disability adjustment stage?

- A. Acceptance
- B. Grieving
- C. Anger

D. Denial

Answer: D

Explanation:

The patient is in a state of denial.

Question: 4

Tricyclics (Antidepressants) sometimes have which of the following adverse effects on patients that have a diagnosis of depression?

- A. Shortness of breath
- B. Fainting
- C. Large Intestine ulcers
- D. Distal muscular weakness

Answer: B

Explanation:

Fainting and hypotension can be caused by Tricyclics.

Question: 5

An occupational therapist is instructing a patient about the warning signs of (Digitalis) side effects. Which of the following side effects should the occupational therapist tell the patient are sometimes associated with excessive levels of Digitalis?

- A. Seizures
- B. Muscle weakness
- C. Depression
- D. Anxiety

Answer: B

Explanation:

Palpitations and muscle weakness are found with excessive levels of Digitalis.

Question: 6

An occupational therapist is assessing a patient in an acute care setting. The patient has the following signs: weak pulse, quick respiration, acetone breath, and nausea

- a. Which of the following conditions is most likely occurring?
- A. Hypoglycemic patient

- B. Hyperglycemic patient
- C. Cardiac arrest
- D. End-stage renal failure

Answer: B

Explanation:
All of the clinical signs indicate a hyperglycemic condition.

Question: 7

Medical records indicate a patient has developed a condition of respiratory alkalosis.
Which of the following clinical signs would not apply to a condition of respiratory alkalosis?

- A. Muscle tetany
- B. Syncope
- C. Numbness
- D. Anxiety

Answer: D

Explanation:
Anxiety is a clinical sign associated with respiratory acidosis.

Question: 8

Which of the following lab values would indicate symptomatic AIDS in the medical chart?
(T4 cell count per deciliter)

- A. Greater than 1000 cells per deciliter
- B. Less than 500 cells per deciliter
- C. Greater than 2000 cells per deciliter
- D. Less than 200 cells per deciliter

Answer: D

Explanation:
<200 T4 cells/deciliter

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