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Question: 1

The skeletal system includes the axial skeleton and the:

- A. Articulation skeleton
- B. External skeleton
- C. Fossa skeleton
- D. Appendicular skeleton

Answer: D

Explanation:

The skeletal system, a fundamental structure of the human body, is categorized into two primary parts: the axial skeleton and the appendicular skeleton. The axial skeleton forms the central axis and includes the skull, vertebral column, and rib cage. It primarily serves to support and protect the organs of the head, neck, and trunk.

In contrast, the appendicular skeleton includes the bones of the upper and lower limbs, as well as the structures involved in limb attachment to the torso, specifically the shoulder girdle and the pelvic girdle. The upper extremities consist of the shoulders, arms, forearms, wrists, and hands, while the lower extremities comprise the hips, thighs, legs, ankles, and feet. This division of the skeletal system is crucial not only for bodily movement but also for bearing the body's weight and facilitating mobility.

The shoulder girdle, or pectoral girdle, contains the clavicles (collarbones) and the scapulae (shoulder blades), which connect the arms to the torso and allow a wide range of motion. The pelvic girdle, consisting of the fused bones of the pelvis, attaches the lower limbs to the spine and supports the visceral organs of the lower abdomen, notably the reproductive and urinary systems.

Furthermore, the appendicular skeleton plays a vital role in protecting internal organs. For instance, the pelvic girdle encases organs of the reproductive and urinary systems, providing structural support and shielding them from mechanical damage. Despite its primary function relating to locomotion and limb movement, the protective role of the appendicular skeleton is integral to maintaining organ integrity against external impacts.

Thus, the appendicular skeleton complements the axial skeleton by adding functionality for movement and physical support, forming a comprehensive system crucial for both protective and mechanical roles within the human body. Together, these systems form the complete skeletal framework that supports and enables human anatomy to perform a wide array of functions efficiently.

Question: 2

Which of the following lines the oral cavity?

- A. Mucous membrane
- B. Dried Tissue
- C. Inflexible tissue

D. Textured membrane

Answer: A

Explanation:

The oral cavity is primarily lined by a specialized type of tissue known as mucous membrane. This mucous membrane is crucial for several functions within the mouth, including protection, secretion, and sensation. It consists of epithelial cells that secrete mucus, which serves to moisten and lubricate the oral surfaces, facilitating functions such as swallowing and speaking. The presence of mucus also helps to protect the underlying tissues from mechanical damage, pathogens, and chemical irritants.

Incorrect Option: Dried Tissue

Dried tissue would not be suitable for lining the oral cavity. The oral environment requires a continuously moist surface to ensure proper functioning and to protect against infection and injury. Dried tissues would not be able to provide the necessary lubrication or protective barrier, potentially leading to discomfort, damage to oral structures, and increased susceptibility to infections.

Incorrect Option: Inflexible Tissue

Inflexible tissue would be inappropriate for the oral cavity, which requires a high degree of flexibility. The mouth performs a wide range of movements associated with eating, speaking, and facial expressions. Inflexible tissues would restrict these movements and could lead to functional impairments or discomfort.

Incorrect Option: Textured Membrane

While the surface of the mucous membrane may have some texture due to the presence of structures like papillae (especially on the tongue), the primary characteristic of the lining of the oral cavity is not its texture but its ability to produce mucus and its flexibility. A predominantly textured membrane without these properties would not adequately fulfill the physiological requirements of the oral cavity.

Question: 3

The first gingiva tissue to respond to inflammation is the:

- A. Unattached gingiva
- B. Gingival groove
- C. Interdental gingiva
- D. Attached gingiva

Answer: A

Explanation:

The correct answer to the question regarding the first gingiva tissue to respond to inflammation is the unattached gingiva.

Unattached gingiva, also known as free gingiva or marginal gingiva, is the portion of the gum that forms the edge around the teeth. It is not attached to the underlying bone and is distinct from the attached gingiva, which is tightly bound to the bone beneath it. The unattached gingiva plays a critical role in oral health, particularly in its response to inflammation.

When inflammation occurs, typically due to factors such as plaque accumulation, bacterial activity, or injury, the unattached gingiva is the first area to respond. This response is crucial as it helps in preventing the spread of inflammation to the more critical areas of periodontal support structures. The unattached gingiva is characterized by several features: - It is not anchored to the underlying bone, which allows it to move and provide a protective barrier. - Typically, it has a light pink or coral color, although this can vary depending on individual health and ethnicity. - It comprises tissues from the top of the gingival margin to the base of the gingival sulcus. - The unattached gingiva is about 1 mm wide and forms the gingival sulcus, a small space between the tooth and the gum that can trap food particles like popcorn kernels.

Understanding the structure and function of the unattached gingiva is vital for dental health professionals and patients alike in maintaining oral hygiene and managing or preventing gum diseases. Regular dental check-ups and proper oral hygiene practices are essential to ensure the health of the unattached gingiva and other periodontal tissues.

Question: 4

Which of the following time periods represents the process where the human palate forms during fetal development?

- A. The fifth week of prenatal development
- B. The second week of prenatal development
- C. The six week of prenatal development
- D. The first week of prenatal development

Answer: A

Explanation:

The correct answer to the question regarding the time period when the human palate forms during fetal development is "The fifth week of prenatal development." This phase is critical as it marks the beginning of significant structural development in the human fetus.

During the fifth week of prenatal development, the human palate begins to form. This process involves the fusion of two distinct embryonic structures: the primary palate and the secondary palate. Initially, these structures exist separately but start to merge to form what will eventually become the roof of the mouth. This merging is crucial for creating a functional oral cavity that separates the nasal passages from the mouth, which is important for both feeding and speech in postnatal life.

The primary palate forms the initial portion of the palate, extending from the front of the oral cavity. The secondary palate, meanwhile, develops behind the primary palate and extends towards the throat, completing the formation of the hard and soft palate. By the end of the tenth week of prenatal development, these structures typically fuse together, closing any gaps and thus preventing conditions such as cleft palate, where this fusion does not occur properly.

Understanding the timing of these developmental milestones is important for medical professionals to evaluate the normal progression of fetal development and to identify any potential abnormalities early on. Therefore, recognizing that the palate starts forming in the fifth week of prenatal development is essential for both educational and clinical practices in developmental biology and obstetrics.

Question: 5

Which of the following is an example of developmental defects that affect the shape of a tooth?

- A. Concrescence
- B. Behçet syndrome
- C. Pemphigus vulgaris
- D. Erythema multiforme

Answer: A

Explanation:

Concrescence is an example of a developmental defect that affects the shape of a tooth. This condition occurs when two adjacent teeth, usually at the root level, become united by cementum (the calcified substance covering the root of a tooth) but not by the dentin. It is most commonly seen in the molars. Unlike fusion, where the teeth are united at an earlier stage of development and both the dentin and pulp can be involved, concrescence involves only the cementum. This joining of the teeth occurs after their formation and is not apparent until later in life or upon radiographic examination.

Developmental defects such as concrescence can lead to complications in dental treatments and tooth alignment. For example, extracting one tooth might inadvertently lead to the extraction of the adjoining tooth, or at least pose a risk of damaging it. This condition can also complicate orthodontic treatments where moving one tooth might inadvertently affect the position and health of the connected tooth.

Other examples of developmental defects that change the shape of the tooth include dilaceration, where there is an abnormal bend or curve in the root or crown of the tooth; fusion, as earlier mentioned, where two teeth develop from two separate bud sites but join together in enamel and dentin; gemination, where one tooth bud tries to split into two, leading to a partially formed extra tooth sharing the same root and pulp chamber; dens in dente, characterized by an invagination in the surface of the tooth that creates a cavity within a tooth; and dens evaginatus, featuring an extra cusp known as talon cusp.

The remaining choices provided in the question—Behçet syndrome, pemphigus vulgaris, and erythema multiforme—are indeed conditions affecting the skin and mucous membranes, not developmental dental defects. Behçet syndrome involves inflammation of blood vessels, pemphigus vulgaris is an autoimmune disorder that results in skin blistering, and erythema multiforme is a condition causing rash-like lesions on the skin and mucous membranes. These conditions do not affect the structural development or shape of teeth. Hence, they are not correct answers to the question concerning dental developmental defects.

Question: 6

The major type of developmental groove on the posterior teeth refers to:

- A. Triangular groove
- B. Linear groove
- C. Central groove
- D. Marginal groove

Answer: C

Explanation:

The correct answer to the question regarding the major type of developmental groove on the posterior teeth is the "Central groove." The central groove is a pivotal anatomical feature found primarily on the occlusal surfaces of molars and premolars, which are types of posterior teeth.

Developmental grooves are lines that mark the junction of the developmental lobes during the formation of the tooth's crown. These grooves help define the contours of the tooth and can be critical in identifying tooth type and understanding its function. The central groove is the most prominent of these and runs in a mesiodistal direction — from the front (mesial) to the back (distal) of the mouth. Functionally, the central groove plays a significant role in the mechanical digestion of food. By dividing the occlusal table into two halves, it helps in guiding the food particles during mastication, ensuring that they are effectively crushed and ground by the cusps of the molars and premolars. This anatomical feature aids in the efficiency of the teeth during the process of chewing.

In dental anatomy, understanding the structure and location of grooves such as the central groove is important not only for practical dental procedures but also for educational purposes in identifying dental pathologies and anomalies. The presence and condition of the central groove can also be indicative of the overall health and wear of the tooth. For example, a worn-down central groove might suggest significant dental attrition or potential occlusal issues that could impact a patient's bite and masticatory efficiency.

In summary, the central groove is an essential characteristic of posterior teeth, crucial for both the dental structure's functional aspects and its role in oral health diagnostics. Its prominent position and functional implications make it the major type of developmental groove on the posterior teeth.

Question: 7

The permanent anterior teeth represents:

- A. Wisdom Teeth
- B. Excisional teeth
- C. Midway teeth
- D. Front teeth

Answer: D

Explanation:

The question "The permanent anterior teeth represents:" asks to identify a specific category or type of teeth in the human dentition. The correct answer to this question is "Front Teeth."

The term "anterior" in dentistry refers to the teeth located towards the front of the mouth. These include the incisors and the canine teeth. Permanent anterior teeth are those that replace the primary (baby) teeth and are intended to last throughout adulthood. These teeth are crucial not only for biting and cutting food but also play a significant role in the aesthetic appearance and phonetics of an individual.

The front teeth, specifically the upper and lower incisors and canines, are highly visible when one speaks or smiles. As such, they significantly influence an individual's appearance. Factors like the alignment, shape, size, and color of these teeth can affect one's confidence and how others perceive them socially. Aesthetic dentistry often focuses heavily on these teeth for this reason.

Moreover, the anterior teeth are essential in the articulation of certain sounds, particularly the sibilants ('s' sounds) and alveolar sounds like 't'. The precise placement of the tongue against or near these teeth helps produce specific sounds clearly. Any misalignment or abnormal spacing can impact speech clarity, demonstrating the functional importance of the front teeth beyond their cosmetic value.

Given these roles, identifying the anterior teeth as "front teeth" is both anatomically correct and highlights their importance in daily functions such as eating, speaking, and social interactions. Other terms such as "wisdom teeth," "excisional teeth," or "midway teeth" do not accurately describe the permanent anterior teeth. Wisdom teeth, for reference, are the third molars and are not located in the anterior region; they are in fact at the back of the mouth. The term "excisional teeth" is not standard in dentistry, and "midway teeth" is ambiguous and does not relate to any specific dental terminology.

Question: 8

A patient tooth diagram shows a MOD onlay crown. The abbreviation MOD refers to:

- A. Mesio-occlusio-distal
- B. Mesio-occlusional diameter
- C. Mesio-occlusal dentin
- D. Mesio-occlusal dental dam

Answer: A

Explanation:

The abbreviation MOD, as used in dental terminology, stands for "Mesio-occluso-distal." This designation is particularly important in the context of dental restorations. It refers to a type of dental restoration that covers three specific surfaces of a tooth: the mesial (the surface of the tooth toward the midpoint of the dental arch), the occlusal (the chewing surface of the tooth), and the distal (the surface of the tooth distant from the center of the dental arch).

The use of the MOD abbreviation typically indicates a more complex and extensive form of dental restoration. For instance, an MOD onlay crown not only restores the primary surfaces affected by decay or damage but also supports the structural integrity of the tooth. Such restorations are commonly required when the tooth has experienced significant decay or damage that affects multiple surfaces, making a simple filling insufficient.

In dental practice, addressing an MOD condition often involves precise and careful work to ensure that the restoration not only fits perfectly but also restores the tooth's functionality and aesthetic appearance. The materials used for MOD restorations, such as composite resin, porcelain, or gold, are chosen based on several factors including the location of the tooth, the extent of the decay, the patient's bite, and aesthetic considerations.

Understanding these abbreviations is crucial for dental professionals in diagnosing, planning, and executing dental treatments. It ensures clear communication among dental teams and between dentists and patients, enabling efficient and effective dental care management.

Question: 9

Which of the following results when the maxillary process does not join with the medial nasal process?

- A. Cleft palate
- B. Cleft lip
- C. Capped lip
- D. Proliferated lip

Answer: B

Explanation:

The development of facial structures during embryogenesis involves the fusion of various facial processes. Two critical structures in this process are the maxillary process and the medial nasal process. The maxillary process gives rise to the upper jaw and cheeks, while the medial nasal process contributes to the middle portion of the nose, the philtrum (the area between the nose and upper lip), and the primary palate.

When the maxillary process fails to properly fuse with the medial nasal process, a cleft lip can result. This congenital deformity is visible as a physical split or gap in the upper lip. This gap can occur on one side (unilateral cleft lip) or both sides (bilateral cleft lip) and can vary in severity from a small notch in the lip to a significant opening that extends up into the nasal cavity.

Cleft lip should not be confused with cleft palate, although both can occur together as cleft lip and palate. A cleft palate involves a split or opening in the roof of the mouth (palate) and is related to the fusion of either the palate's shelves or the failure of the fusion of the primary and secondary palates. While cleft lip arises from issues in the fusion of the maxillary process with the medial nasal process, cleft palate results from problems with palatal shelf closure or its fusion with the nasal septum.

The correct answer to the question of what results when the maxillary process does not join with the medial nasal process is thus cleft lip. This condition is not only a cosmetic issue but can also lead to complications with feeding, speech, and increased risk of ear infections. Treatment typically involves surgical correction and may require multiple surgeries depending on the severity of the cleft.

Question: 10

Abfraction affects the:

- A. Cervical region
- B. Canaliculi
- C. Excavator
- D. Periodontal probe end

Answer: A

Explanation:

Abfraction is a type of dental wear that specifically affects the cervical region of the tooth. This region, located near the gum line, is where the crown of the tooth meets the root. Unlike other forms of wear, such as abrasion (caused by brushing too hard) or erosion (caused by acid), abfraction is primarily the result of biomechanical loading forces. These forces are typically exerted during tooth clenching and grinding, known as bruxism.

The mechanics behind abfraction involve microflexural forces that occur when the teeth are subjected to heavy, repeated occlusal (biting) stress. This stress causes the enamel, which is the hard outer

covering of the tooth, and the underlying dentin to flex and ultimately leads to the formation of lesions at the cervical areas of the teeth. These lesions are usually V-shaped or wedge-shaped notches that are noticeably different from the wear caused by brushing or decay.

The correct answer to the question is, therefore, the cervical region. This is because abfraction specifically targets this area of the tooth due to the unique stresses placed upon it. Options such as canaliculi, excavator, and periodontal probe end do not relate to the specific areas affected by abfraction. Canaliculi, for instance, are microscopic canals found within the bone, unrelated to dental abfraction. Similarly, an excavator is a dental tool used for removing decayed tooth material, and a periodontal probe end is used for measuring pocket depths in periodontal therapy, neither of which are directly linked to the natural occurrence of abfraction.

Understanding abfraction is crucial for both dental professionals and patients as it assists in identifying the causes of tooth damage and guiding appropriate treatment strategies. Prevention or management of abfraction typically involves addressing the underlying causes such as reducing clenching or grinding behaviors, possibly through the use of occlusal guards, and ensuring that the force of the bite is evenly distributed across all teeth.

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